



St Canice - Lindenow

THE PARISH OF BAIRNSDALE AND OMEO

Eastern Region – Diocese of Sale

PAYNESVILLE, LINDENOW, SWIFTS CREEK & BENAMBRA

OUR VISION

WE ARE A WELCOMING COMMUNITY WHERE THE WORD OF GOD,
THROUGH THE MESSAGE OF JESUS CHRIST, IS MADE KNOWN AND LIVED.

OUR MISSION

LIVE THE MESSAGE OF JESUS CHRIST TAKING INSPIRATION FROM MARY, THE MOTHER OF GOD.
EMPOWER OUR COMMUNITY TO ACTIVATE THEIR GIFTS TO BUILD A BETTER WORLD.
TO STRENGTHEN AND GROW OUR FAITH.

Parish Priest: Fr Michael Willemsen

Assistant Priests: Fr Avinash George
Fr Jayakody Francis

Presbytery:
23 Pyke Street Bairnsdale Phone 5152 3106

St Mary's Parish Pastoral Centre:

135 Nicholson Street Bairnsdale Phone 5152 2942

Email: stmarybairnsdale@gmail.com

Website: www.stmarysbairnsdale.net

Facebook: [St Mary's Church Bairnsdale](https://www.facebook.com/StMarysChurchBairnsdale)

30th SUNDAY IN ORDINARY TIME, YEAR A—25th OCTOBER 2020

We acknowledge the Gunai Kurnai people, the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.

Message from Father Francis,

Friday public holiday!!!. Saturday the GRAND FINAL. A surprise we all look forward to. How great it could be if my favourite team wins. Two strong teams have come to be the centre of attraction. "Mens sana in corpore sano". The latin phrase goes on to say "a healthy mind in a healthy body". This is a basic principal with regard to the sports. It applies not only to the two teams but to all who cheer their favourite team. Irrespective of age difference a healthy person with a healthy mind knows how to accept victory and defeat. The society is inundated with so much of competitions or contests. Stronger will win while the weaker has to face the defeat. St. Paul speaks of a race that could be won by all. A true Christian is the player. The winning trophy is the entry into to God's Heavenly home. The three cardinal virtues namely FAITH, HOPE and LOVE make us all so much stronger to engage ourselves in the running of the race that St. Paul speaks of. This Sunday's gospel reading very clearly teaches us the greatest commandment of "LOVE THE LORD YOUR GOD WITH ALL YOUR HEART SOUL AND MIND AND LOVE YOUR NEIGHBOUR JUST AS YOU LOVE YOURSELF. Dear friends let us apply Jesus' teaching to our lives and as St. Paul instructs us run the race with cheerful hearts.

OUTDOOR MASSES FOR UP TO 20 PEOPLE

St Mary's, Bairnsdale We invite you to the unique experience of sharing the Eucharist in our beautiful Presbytery gardens. **Phone booking is essential.**

Time: 9:10am Weekdays at 23 Pyke St Bairnsdale.

IF our State Government announces this Sunday that regular services can be held INSIDE, we will



Rosary for the month of October

It is never too late to join/participate. If you can connect to Zoom, email stm.michelleg@gmail.com or phone the Parish Centre 5152 2942 and we will send you the link. If you are unable to connect with Zoom, that is ok too, at 7pm each evening offer up the Mystery of the day knowing others are praying with you and for you. Hard copies of the Rosary and Intentions are available at the Parish Centre.

WE ARE A CHILD SAFE PARISH

Central to the mission of the Immaculate Conception Parish (known as St Mary's Parish) is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children and vulnerable persons and providing them with a safe, supportive, and enriching environment to develop spiritually, physically, intellectually, emotionally, and socially.

If you wish to speak to someone phone: Kath 5152 2942;
Police 5150 2600; or Towards Healing 1800 816 030.

Madonna

magazine

Published by Jesuit Communications, has accompanied Australians in their daily prayer and spiritual growth for more than 120 years. With daily prayers, deep

reflections, faith-focused articles and more recently online retreats – it is an ideal spiritual companion, particularly now when we may not be able to freely gather in person with our faith and spirituality communities. If you are not a subscriber – we invite you to subscribe or consider taking out a gift subscription (a gift of spiritual sustenance that lasts a whole year) for a loved one. An annual subscription is just \$53 and offers prayer and spirituality resources for the whole year. You can find out more about *Madonna*, how to subscribe, purchase a gift subscription or donate a subscription on the website: www.madonnamagazine.com.au/article/subscriptions

FIRST PUBLISHED IN 1897

Madonna is one of the longest surviving Catholic magazines. First published in 1897, it has had an important part in Catholic life. Its initial publication was a sign of hope for the Catholic community as it suffered in the Great Depression of the 1890s. Jesuits Fr John Ryan, a visionary planner and canny administrator, and Fr Michael Watson, a gifted writer and speaker, saw in it a complement to the widespread parish Sodalities of Our Lady. It helped people to pray and deepen their faith by providing attractive material for prayer and reflection that touched their daily lives. Each edition included short stories, poems, advice about the ordinary challenges of family life, suggestions about cooking, sewing and raising families.

The Daily Awareness Examen

This examen prayer exercise, is to make us more aware of our inner movements – feelings, motives and inspirations – that deepen and order our lives to God. Looking at these movements makes us more attuned to the inspirations of the Holy Spirit and more alert to the promptings of evil.

It is a prayer to keep doing: in season and out, in noisy places and in quiet, during the day and during the night, in good times and in hard times. It strengthens our awareness of God's awareness of us. It is not about good or bad actions, but about how God is moving me. Its focus is not **on** me, it is on God **in** me.

It is not about how well or poorly I do; it is about how generously I respond to God's loving me.

The goal of the examen is to develop a heart with a discerning vision, which will be active not only during the examen's, but continually in my life.

A contemporary adaptation of this prayer has 5 steps:

Thanks: give thanks for the graces and benefits and good things of my day.

Help: I ask the holy Spirit for help to discern my day with openness

Review: I review my day, hour by hour, to see how God is working in my life.

Response: I respond to what I felt or learnt in the review of my day

Resolve: I resolve with hope and grace to amend my life tomorrow.

Fr Michael Hansen SJ

Our Father....

Links: <https://www.youtube.com/watch?reload=9&v=pDQgizJINdk>

<https://www.youtube.com/watch?v=JVItxNMmrNnw>

<https://www.youtube.com/watch?v=bHnSSmFOHQc>

'Meditation & Mindfulness - Reflection event via Zoom'

Saturday 7 Nov 2020, 10am-1pm (AEST).

Facilitated by Carol Dyer (B.A. (Psych),

Transpersonal & Experiential Psychotherapy Level 5 (Trainer), Cert. Spiritual Direction), this event provides the opportunity to broaden your ways of accessing your inner world and listening to what God is inviting you to at this time. There will be some input to enable participants to learn some theory of meditation and mindfulness practices as well as time away from the Zoom screen for meditation and mindfulness practise. Cost \$25.

Bookings and payment via Trybooking

at <https://www.trybooking.com/663916>

For more information, contact holsc@bigpond.com or

Tel: 9890 1101.

Catholic Theological College

2020 Knox Public Lecture

Thursday 5th November at 7.00pm Sheree Limbrick

Safe Church:

Commitment, awareness & action for cultural change

Bookings and Info: ctc.edu.au/knox-public-lecture

Enq: sarah.styring@ctc.edu.au or

Phone 9412 3333 Venue: online



CATHOLIC
THEOLOGICAL
COLLEGE



STEWARDSHIP PROGRAM –

There are 5 ways to fulfil your commitment.

1. Bank your contributions into this account—

BSB: 083-879 **ACCOUNT:** 48919 4022

ACCOUNT NAME: St Marys Parish Bairnsdale/ Omeo

Ref: Your Name and Envelope number and mark 1st or 2nd Collection.

2. or, go into your bank with this information and they will do it for you.

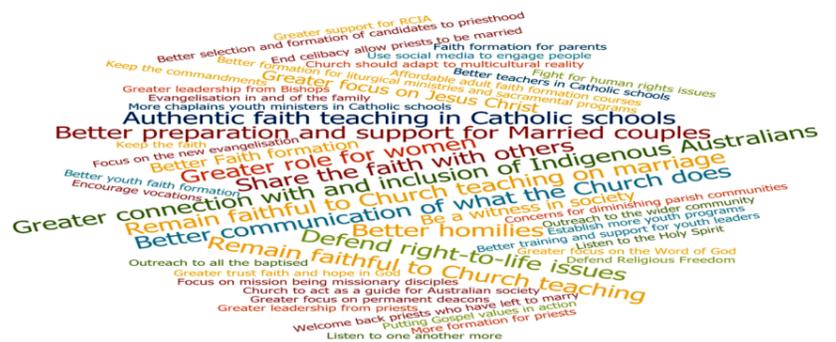
3. or, send cheques to St Mary's Parish,
23 Pyke Street, Bairnsdale, Vic, 3875

4. or, drop off at the Parish Centre **Tuesday to Friday** between 10am-3pm.

5. or, keep your envelopes with your commitments, saving them until we return to Sunday services.

Our Parish finances have been affected during this pandemic and we will make necessary adjustments to manage the challenges it presents.

*Please call Paul Heaton-Harris 0418 377 076 if you have any questions. **THANK YOU** for your support.*



Prayer for the Plenary Council 2020

Come, Holy Spirit of Pentecost.

Come, Holy Spirit of the great South Land.

O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.

Give us the grace to see your face in one another and to recognise Jesus, our companion on the road.

Give us the courage to tell our stories and to speak boldly of your truth.

Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.

Lead your Church into a hope-filled future, that we may live the joy of the Gospel.

Through Jesus Christ our Lord, bread for the journey from age to age. Amen.

**Our Lady Help of Christians, pray for us.
St Mary MacKillop, pray for us.**

PLEASE PRAY FOR OUR RECENTLY DECEASED:

Paul Leonti, Anne Armstrong, Pearl Ferguson, Victims of mental health issues, Victims of Covid-19, Victims of terrorist attacks, war and conflict, asylum seekers, Victims of family violence and Victims of poverty.

ALL WHOSE ANNIVERSARIES occur at this time...

Keith McNairn, Pauline Hamilton, John McCormack, Bridget Ross. Lucy Mann, Cliff Brammall, Martin E White, Pauline Cocco, Valda Reinhardt, MaryAnne Scott, William Hilder, Antonio Cavone, Pasquale D'Aloia, Sam Currie, Concetta Pruscino, Elisabetta De Lutis, and the priests who have worked in the Diocese.

"Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace."

PLEASE ALSO REMEMBER THE SICK:

Elizabeth Stehmann, Margaret Nugent, John & Sue Butler, Arthur Elbourne, Linton Smith, Sr Barbara Brown-Graham FCJ, Roma Greig, Andre Buxton, Vic & Thelma Smythe, Alan Wilson, Trish & Karl Henderson, Brian Rowe, Robert Coleman, Lorraine O'Brien, Dennis (Danny) Phelan, Rick Jones, Margaret Nugent, Marcie Hayles, John Pruscino, John Graves, Julie Frew, John Buck, Peter Grimsted.

Please remember all parishioners who are unwell or recovering from illness or surgery.

Those on the "sick list" will remain on it for one month, if you would like to keep someone on the list after this time, please contact the Parish Centre.

Parish Pastoral Council: meets 2nd Thursday of the month. Please submit items to the Parish Centre by 10.00am Tuesday the week before.

Members: Angela McKail & Michael Flynn: co—Chairpersons; Angelo D'Amore, Rita Bowers, Marilyn Elliott and Wilma Collier. Ex-officio members: priests, principals and Pattie.

A Parish Directory: is available at the Pastoral Centre.

Sacraments: Information & registration forms available at stmarybairnsdale@gmail.com

Baptisms: Call the Sacramental Coordinator to set a date. Baptisms are celebrated during or after Mass on the 1st or 3rd Sunday's of each month.

Weddings: 6 months' notice required, schedule dates with priest.

Funerals: Please check with priest before setting dates & times.

Anointing of the Sick: Please call the Parish Centre.

Communion to the Housebound /Aged Care: Call Pattie Pruscino 51522942 or 0427 232 682

Special Wedding Anniversaries: 6 months' notice is needed to organise a Papal Blessing for parishioners.

Parish Business Manager :

Paul Heaton Harris

Pastoral Care:

Pattie Pruscino

Sacramental Coordinator:

Michelle Grimsted

Parish Safeguarding Officer: Kath Cassidy

Pastoral Centre: 5152 2942

Presbytery: 5152 3106

St Marys' Primary School: 5152 3706

Principal:

Michelle Garbutt

Newsletter:

www.stmbairns.catholic.edu.au

Nagle College: 5152 6122

Principal:

Neville Powles

Newsletter:

www.nagle.vic.edu.au

St Mary's Op Shop:

5152 2088

DISCERNING , DEVELOPING AND USING YOUR SPIRITUAL GIFTS (CHARISMS)

"GOD HAS DETERMINED, UNLESS I INTERFERE WITH HIS PLAN, THAT I SHOULD REACH THAT WHICH WILL BE MY GREATEST HAPPINESS. HE LOOKS ON ME INDIVIDUALLY, HE CALLS ME BY NAME, HE KNOWS WHAT I CAN DO, WHAT I CAN BEST BE, WHAT IS MY GREATEST HAPPINESS AND HE MEANS TO GIVE IT TO ME."

SAINT JOHN HENRY CARDINAL NEWMAN 1801–1890

There are three basic signs of a charism that should all be consistently present over time:

Effectiveness: A charism will do what it is supposed to do. If you have a charism of teaching, people will learn. If you have a charism healing people will get well. If you have a charism of leadership People will follow you and "buy in" to your vision.

Your experience: God does not give us charisms as a form of penance! If you are exercising spiritual gifts you will generally feel energised, satisfied and joyful, as though this is where you belong. You will not necessarily feel that way every time you try to use this gift but that will be the overall feeling.

Response or affirmation: From others Lots of positive feedback over time is a real affirmation. It can also come indirectly. Do people you don't know well seem to just open up to you and share their feelings and concerns with you ? (charism of encouragement?) Does your home always seem to be full of people who just drop in? (gift of hospitality?) Others will often recognise our gifts and ask us to exercise them even if we ourselves don't know what they are.



Sunday Readings are available on AUDIO via email.
Contact the Parish Centre if you are interested.

CatholicCare Gippsland: Two Bushfire Recovery Positions

CatholicCare Gippsland is currently seeking **two full time or part time** positions: **Community Development Worker and Family Counsellor** to join our Bushfire Response team to support, address and provide paths of assistance to people affected by grief and trauma within the bushfire affected regions in East Gippsland. These are exciting positions that can include counselling to individuals, couples and families, group facilitation and liaising with key stakeholders. As part of these two positions the Bushfire Response program will provide an outreach mobile service to the community, with a particular focus on remote townships using a CatholicCare especially fitted out vehicle. For a detailed position description, go to: <http://www.ccam.org.au/page/58/careers>. Applications close on

COB Wednesday 2 November, 2020 and can be emailed to : recruitment@ccam.org.au with the job title in the subject line, a cover letter explaining your experience in-line with the position description, and your resume. Enquiries can be directed to the HR team on (03) 9287 5584



If you would like to receive the **Sacrament of Reconciliation** you may ring the Presbytery on 51523106 to speak with one of the priests to make an arrangement.

Readings for 1/11/20

ALL SAINTS

Revelations 7: 2-4, 9-14

Psalm 23: 1-6

1 John 3: 1-3

Matthew 5: 1-12

Week ending 18th October

Envelopes \$ 956.00

D/D & Cards \$ 1,985.00

1st Collection \$ 0.00

2nd Collection \$ 140.00

PARISH PASTORAL COUNCIL (PPC) INITIATIVE

During this time of Covid-19, the PPC has continued to meet via Zoom. Acknowledging that our parish is spread far and wide, many aged over 60, and with family not always living in the area, it was felt that one way of staying in touch with parishioners was by phone. So 2 questions:

1. Do you know someone who may appreciate a phone call, just as a matter of keeping in touch?
2. Would you be prepared to make a couple of phone calls to people (maybe once a fortnight), to see how they are going and if there is anything we can do for them?

If you can answer yes to either question (or both) please leave your name and number with Pattie at the Parish Centre and a member of the PPC will get back to you as soon as possible.



Thank you for continuing to stand with refugees and people seeking asylum at a time when many in the community are doing it tough due to the ongoing impact of COVID-19. There are currently around 16,000 children and young people seeking asylum in Australia. Many of their families have experienced job losses and are ineligible for Federal Government income support or Medicare. This has severely impacted basic needs such as access to housing, health care and food. Please continue to call on the Federal and State governments to extend a vital safety net (financial support, Medicare, and adequate shelter) to **everyone** in need within the Australian community, regardless of their visa status, as the impact of this health and economic crisis continues.

DID YOU KNOW: According to the [latest statistics](#) on onshore immigration detention released by the Department of Home Affairs, as at 30 June 2020:

- 1,523 people were in immigration detention across Australia.
- 42.5% of people were detained for more than one year.
- 25.5% of people were detained for more than two years.
- The average period of time people are detained is 551 days.

30th Sunday in Ordinary Time, Year A

Entrance Antiphon:

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

A reading from the Book of Exodus (22: 20-26)

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

The word of the Lord.

Responsorial Psalm

R. I love you, Lord, my strength.

I love you, Lord, my strength, my rock, my fortress, my saviour. My God is the rock where I take refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise: when I call I am saved from my foes. **R.**

Long life to the Lord, my rock! Praised be the God who saves me. He has given great victories to his king and shown his love for his anointed. **R.**

A reading from the letter of St Paul to the Thessalonians (1: 5-10)

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread - and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

The word of the Lord.

Gospel Acclamation

Alleluia, alleluia! All who love me will keep my words, and my Father will love them and we will come to them. **Alleluia!**

A Reading from the holy Gospel according to Matthew (22: 34-40)

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

The Gospel of the Lord.
© Copyright Liturgy Brisbane

Scripture Note:

By rabbinical count, 'the Law' consisted of 613 commandments. The question as to which commandment was the greatest was one frequently discussed among the rabbis.

Jesus named two, both found in the old testament. Only once in the Old testament do we find, "You shall love your neighbour as yourself", (Lev 19:18), but in 37 places the commandment to love the stranger, (refugees, exiles, foreigners, anyone in an alien country in which they have no civil rights).

God commanded his people to remember so that history would not repeat itself. He wanted them never to forget the experience of being a minority without power in Egypt. They must not oppress the stranger, the underprivileged, inflict the pain of injustice, on others, because they experienced this all themselves.

Memory of suffering can be used in a positive or negative way. It is said that compassion is not learned without suffering. Yet suffering doesn't always help people to grow in compassion. It can harden people so that they end up inflicting on others the cruelties inflicted on them, and so the cycle continues "I will kill you by the sword", is to meant to convey to us, how abominable it is in God's eyes when we mistreat anyone, especially the defenceless.

To seek to be attached to God while treating others unjustly would be a contradiction in terms.

The health of a society can be measured by the way it treats these people. It's not good enough to give them charity.

What they need is justice.

Flor McCarthy SDB